



Congratulations to Saru Sony, retired faculty member, St. Francis Xavier University, School of Nursing on the publication of her book entitled “History & Personal Reflections 1969-2006”. This book is an attempt to preserve past memories of the School of Nursing and highlights the challenges, reflections, joys and growing pains to establish the four year Integrated Bachelor of Science in Nursing Program at St. Francis Xavier University.

Saru’s book is now available in the StFX Campus Store at a cost of \$10.00 Visit the Campus Store at: <http://www.mystfx.ca/campusstore/>

Author profile:



Saraswati (Saru) Devi Sony was educated as a nurse and a midwife in India. After completing her Masters in Nursing, she taught at the College of Nursing, University of Delhi, India. In 1969 she joined St. Francis Xavier University in Antigonish as a faculty member in the Department of Nursing. She was recruited to teach in the four year Integrated Bachelor of Science in Nursing Program, which was newly established in 1966. As the Curriculum evolved, Saru developed, taught and supervised students in many nursing courses including: Community Health Nursing, Maternal and Child Nursing, Nursing of Children, Nursing of Adults, Health Assessment etc. In addition, she offered the founding course in International Health to students of the Coady International Institute, Antigonish.

She was a key player in helping to establish a Part-time Post RN B.Sc. Nursing Distance Education program at St. F.X. and also the Joint Four Years Integrated Nursing Program at Cape Breton University, Sydney, Nova Scotia.

Over her career she has authored, and co-authored numerous scholarly papers in Nursing and has been recognized for her contributions to Nursing Education.

Saru retired, as an associate professor in the School of Nursing at St. F.X. University in Antigonish. Today, she shares her skills as a Healing Touch practitioner with residents in the local community and continues to provide advice to her former students and colleagues in nursing education when called upon to do so.